

**2018 / 2019 season class (updated May 24)**

**Dancers in the Junior School  
Creative Movement, Pre-Ballet, Pre-Primary & Primary (3-6yrs old)**

Attend once per week.

5yr& 6yr old students may also add Beginner Jazz to their program.

<i>CLASS</i>	<i>AGE</i>	<i>DAY</i>	<i>TIME</i>	<i>TEACHER</i>
CREATIVE MOVEMENT	3	Monday	4:30-5:15	Miss. Jenna
CREATIVE MOVEMENT	3	Saturday	9-9:45	Miss. Julia
PRE BALLET	4	Monday	5:15-6:00	Miss. Jenna
PRE- BALLET	4	Saturday	9:45-10:30	Miss. Julia
PRE-PRIMARY	5	Thursday	4:45-5:30	Miss. Abbie
PRE-PRIMARY	5	Saturday	10:30-11:15	Miss. Julia
PRE-PRIMARY	5	Saturday	9:15-10:00	Miss. Paige
PRIMARY	6	Thursday	5:30-6:30	Miss. Abbie
PRIMARY	6	Saturday	9-10	Miss. Micaela
BEGINNER JAZZ	5/6	Saturday	10-10:45	Miss. Paige

**Level 1**

Dancers attend Ballet 2x per week.  
As well may add Jazz 1 to their schedules

<i>CLASS</i>	<i>AGE</i>	<i>DAY</i>	<i>TIME</i>	<i>TEACHER</i>
BALLET GRADE 1	7	Tuesday	4:30-5:30	Miss. Micaela
BALLET GRADE 1	7	Saturday	10-11:15	Miss. Micaela
JAZZ 1	7-8	Saturday	11:15-12:15	Miss. Julia

**Level 2**

Dancers attend Ballet 2x per week.  
As well may add Jazz 2 to their schedules

<i>CLASS</i>	<i>AGE</i>	<i>DAY</i>	<i>TIME</i>	<i>TEACHER</i>
BALLET GRADE 2	8	Monday	4:45-6	Miss. Carol
BALLET GRADE 2	8	Wednesday	4:30-5:45	Miss. Micaela
BALLET GRADE 2	8	Saturday	10:45-12	Miss. Carol
JAZZ 2	8	Saturday	12:15-1:15	Miss. Julia

**Level 3**

Dancers attend Ballet 2x per week.  
As well may add Jazz 3, Modern 3, hip Hop Jr to their schedules.

<i>CLASS</i>	<i>AGE</i>	<i>DAY</i>	<i>TIME</i>	<i>TEACHER</i>
BALLET GRADE 3	9	Wednesday	5:45-7:00	Miss. Micaela
BALLET GRADE 3	9	Saturday	12-1:15	Miss. Carol
JAZZ 3	9	Saturday	1:15-2:15	Miss. Julia
MODERN 3	9	Wednesday	7-8	Miss. Micaela

**Level 4**

Dancers attend Ballet 2x per week.  
As well may add Jazz 4, Modern 4, Hip Hop Jr, to their schedules.

Dancers participating in the Performance 1

Require: 2 ballet, jazz and modern,

<i>CLASS</i>	<i>AGE</i>	<i>DAY</i>	<i>TIME</i>	<i>TEACHER</i>
BALLET GRADE 4	10	Tuesday	4:45-6:15	Miss. Julia
BALLET GRADE 4	10	Saturday	11:15-12:45	Miss. Micaela
JAZZ 4	10	Tuesday	6:15-7:15	Miss. Julia
MODERN 4	10	Saturday	1-2	Miss. Micaela
*PERFORMANCE CLASS 1	9-11	Saturday	2:15-3:15	Miss. Julia

**Level 5**

Dancers attend Ballet 2-3x per week.  
As well may add Jazz, Modern & Body Conditioning to their schedules.

Dancers Participating in Performance 2 class

Require: 2 Ballet, Jazz, Modern, Body conditioning/ Yoga

<i>CLASS</i>	<i>AGE</i>	<i>DAY</i>	<i>TIME</i>	<i>TEACHER</i>
BALLET GRADE 5	10+	Tuesday	5:30-7:00	Miss. Micaela
BALLET GRADE 5		Thursday	4:30-6:00	Ms. Dyer
BALLET GRADE 5		Sunday	10-11:30	Miss. Carol
MODERN 5		Thursday	6:30-7:30	Miss. Micaela
JAZZ 5		Tuesday	7:15-8:15	Miss. Julia
*PERFORMANCE CLASS 2		Sunday	11:40-12:40	Miss. Micaela/ Miss. Carol
YOGA / BODY CONDITIONING		Sunday	9-10	Miss. Robyn/Miss. Micaela / Miss. Carol

**LEVEL 6(1<sup>st</sup> yr)**

&amp;

**LEVEL 7 (2<sup>nd</sup> yr)****Intermediate Foundation**

Dancers attend Ballet 2-3x per week.

As well may add Jazz, Modern &amp; Body Conditioning to their schedules.

Dancers Participating in Performance 2 class

Require: 2 Ballet minimum, Jazz, Modern, Body conditioning/ Yoga

If a 2<sup>nd</sup> yr dancer wishes to take an Intermediate ballet they may add it as their third ballet class.**INTERMEDIATE FOUNDATION**

<i>CLASS</i>	<i>AGE</i>	<i>DAY</i>	<i>TIME</i>	<i>TEACHER</i>
BALLET IF	11+	Monday	6-8	Miss. Carol
BALLET IF		Thursday	6-7:30	Ms. Dyer
Ballet IF		Sunday	10-11:30	Miss. Micaela
BALLET IF		Wednesday	8-9:30	Miss. Micaela
JAZZ IF		Tuesday	8:15-9:15	Miss. Julia
JAZZ IF		Wednesday	5-6	Miss. Karla
MODERN IF		Monday	8-9	Miss. Georgia
MODERN IF		Wednesday	6-7	Miss. Georgia
Stability Ball Conditioning		Tuesday	7-8	Miss. Micaela
YOGA / BODY CONDITIONING		Sunday	9-10	Miss. Robyn/Miss. Micaela / Miss. Carol
PERFORMANCE 3		Sunday	11:40- 12:40	Miss. Micaela /Miss. Carol

**LEVEL 8****Intermediate**

Dancers attend Ballet 2-3x per week.

As well may add Jazz, Modern, Yoga/ Conditioning &amp; Classical Variations to their schedules.

Coastal Dance Theatre Society members must Audition or be invited by the Artistic Director &amp; enroll in all of the above classes

If a 2<sup>nd</sup> yr dancer wishes to take an Advanced 1 ballet they may add it as their third ballet**INTERMEDIATE 12+**

<i>CLASS</i>	<i>AGE</i>	<i>DAY</i>	<i>TIME</i>	<i>TEACHER</i>
BALLET	13+	Monday	6-7:30	Ms. Dyer
BALLET		Thursday	7:30-9:30	Miss. Micaela
BALLET		Saturday	1:15-3:15	Miss. Carol
BALLET		Sunday	12:45-2:15	Miss. Carol
POINTE		Monday	7:30-8:00	Ms. Dyer
JAZZ		Wednesday	6-7	Miss. Karla
MODERN		Wednesday	5-6	Miss. Georgia
YOGA		Sunday	11:30-12:30	Miss. Robyn
CLASSICAL VARIATIONS 1		Sunday	2:15-3:15	Miss. Carol
Ball Conditioning		Tuesday	7-8	Miss. Micaela
*CDTS rehearsal time		Saturday	3:30-5:00	
		Sunday	3:30-5:00	



**LEVEL 9**

**Advanced 1**

Dancers attend Ballet 2-3x per week.

As well may add Jazz, Modern, Yoga/ conditioning & Classical Variations to their schedules.

Coastal Dance Theatre Society members must Audition or be invited by the Artistic Director & enroll in all of the above classes

**ADVANCED 1**

<i>CLASS</i>	<i>AGE</i>	<i>DAY</i>	<i>TIME</i>	<i>TEACHER</i>
BALLET Advanced 1	14+	Monday	8-9:30	Ms. Dyer
BALLET Advanced 1		Sunday	12:45-2:15	Miss. Micaela
BALLET Advanced 1 / 2 Open class		Thursday	7:30-9:30	Ms. Dyer
JAZZ Advanced 1		Wednesday	7-8:15	Miss. Karla
MODERN Advanced 1		Wednesday	8:15-9:30	Miss. Georgia
YOGA		Sunday	11:30-12:30	Miss. Robyn
Ball Conditioning		Tuesday	7-8	Miss. Micaela
CLASSICAL VARIATIONS 2		Sunday	2:15-3:15	Miss. Micaela
*CDTS rehearsal time		Saturday Sunday	3:30-5:00 3:30-5:00	



**LEVEL 10**

**Advanced 2**

Dancers attend Ballet 2-3x per week.

As well may add Jazz, Modern, Yoga/ conditioning & Classical Variations to their schedules.

Coastal Dance Theatre Society members must Audition or be invited by the Artistic Director & enroll in all of the above classes

**ADVANCED 2**

<i>CLASS</i>	<i>AGE</i>	<i>DAY</i>	<i>TIME</i>	<i>TEACHER</i>
BALLET Advanced 2	14+	Tuesday	8-9:30	Miss. Micaela
BALLET Advanced 2		Saturday	2-3:30	Miss. Micaela
BALLET Advanced 1 / 2 Open class		Thursday	7:30-9:30	Ms. Dyer
JAZZ Advanced 2		Wednesday	8:15-9:30	Miss. Karla
MODERN Advanced 2		Wednesday	7-8:15	Miss. Georgia
YOGA		Sunday	11:30-12:30	Miss. Robyn
Ball Conditioning		Tuesday	7-8	Miss. Micaela
CLASSICAL VARIATIONS 2		Sunday	2:15-3:15	Miss. Micaela
*CDTS rehearsal time		Saturday Sunday	3:30-5:00 3:30-5:00	



<b>HIP HOP</b>				
HIP HOP JUNIOR	8-12	Monday	6-7	Miss. Georgia
HIP HOP SENIOR	13+	Monday	7-8	Miss. Georgia
<b>YOGA</b>				
5 / Inter foundation	12-14	Sunday	9-10	Miss. Robyn
Ages 5-8	5-8	Sunday	10:15-11	Miss. Robyn
Inter / Adv	13+	Sunday	11:30-12:30	Miss. Robyn

\* **Coastal Dance Theatre Society (CDTS)** is a not for profit organization associated with Coastal Dance Inc. (*the school*). It is a youth performance company, which offers the more advanced students opportunities to perform publicly in a professional setting. Dancers must be a minimum level of *“Intermediate Foundation”* & proficient en pointe to gain acceptance as a company member (Jr apprentice, Apprentice and Full senior member) as much of the choreography requires a high level of classical technique. Every Christmas season CDT presents their **“Concerts for Children”** with full length story ballets such as *“The Nutcracker”*, *“Alice in Winterland”*, *Christmas Carol”* and *“The Snow Queen”*. CDTS also produces an **“In Concert”** series in late April where these dancers perform works by local choreographers. Support from our school is invaluable developing the future of CDTS.

**Coastal Dance Performance class 1,2,3** (*Grade 4 up by audition or special invitation by the Director pending on their technical abilities and maturity level.*)  
Dancers are invited as Guests to perform with the company in both their Christmas and Spring Season.