

Classes 2021/2022
Junior School
Parent& Tot, Creative Movement, Pre-Ballet, Pre-Primary & Primary
(18months -6yrs old)

Attend once per week.

5yr& 6yr old students may also add Beginner Jazz and at 6 hip hop to their program.

| <i>CLASS</i> | <i>AGE</i> | <i>DAY</i> | <i>TIME</i> | <i>TEACHER</i> |
|---------------------------|-------------------------|------------|-------------|-----------------|
| PARENT AND TOT | 18 ^{MTH} -2 | Thursday | 4:45-5:15 | Miss. Jenna |
| CREATIVE MOVEMENT | 3 | Monday | 5:00-5:45 | Miss. Jenna |
| CREATIVE MOVEMENT | 3 | Thursday | 5:00-5:45 | Miss. Charlotte |
| CREATIVE MOVEMENT | 3 | Saturday | 8:45-9:30 | Miss. Arienne |
| PRE- BALLET | 4 | Monday | 5:45-6:30 | Miss. Jenna |
| PRE- BALLET | 4 | Saturday | 9:35-10:20 | Miss. Arienne |
| PRE- BALLET | 4 | Saturday | 10:25-11:10 | Miss. Julia |
| PRE-PRIMARY | 5 | Thursday | 5:45-6:30 | Miss. Charlotte |
| PRE-PRIMARY | 5 | Saturday | 9:15-10:00 | Miss. Olivia |
| PRIMARY | 6 | Wednesday | 4:30-5:30 | Miss. Micaela |
| PRIMARY | 6 | Saturday | 9:00-10:00 | Miss. Micaela |
| BEGINNER JAZZ | 5/6 | Saturday | 10:00-10:45 | Miss. Olivia |
| HIP HOP 1 (6-8 years old) | 6-8 | Tuesday | 5:00-6:00 | Miss. Georgia |

LOWER SCHOOL

Level 1

Dancers attend Ballet (2x per week)

| <i>CLASS</i> | <i>AGE</i> | <i>DAY</i> | <i>TIME</i> | <i>TEACHER</i> |
|---------------------------|------------|------------|-------------|----------------|
| BALLET GRADE 1 | 7 | Monday | 5:30- 6:45 | Miss. Julia |
| BALLET GRADE 1 | 7 | Saturday | 10:00-11:15 | Miss. Micaela |
| JAZZ 1 | 7-8 | Saturday | 11:15-12:15 | Miss. Julia |
| HIP HOP 1 (6-8 years old) | 6-8 | Tuesday | 5:00-6:00 | Miss. Georgia |

| Level 2 Dancers attend Ballet (2x per week). | | | | |
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| <i>CLASS</i> | <i>AGE</i> | <i>DAY</i> | <i>TIME</i> | <i>TEACHER</i> |
| HIP HOP 1 (6-8 years old) | 6-8 | Tuesday | 5:00-6:00 | Miss. Georgia |
| BALLET GRADE 2 | 8 | Wednesday | 4:45-6:00 | Miss. Julia |
| BALLET GRADE 2 | 8 | Thursday | 5:15-6:30 | Miss. Jenna Miss. Micaela |
| MODERN 2/3 | 9 | Thursday | 6:30-7:30 | Miss. Jenna |
| BALLET GRADE 2 | 8 | Saturday | 11:00-12:15 | Miss. Carol |
| JAZZ 2 | 8 | Saturday | 12:15-1:15 | Miss. Julia |
| Yoga 8-12 years old | 8-12 | Sunday | 9:00-9:45 | Miss. Robyn |
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| Level 3 Dancers attend Ballet (2x per week). | | | | |
| <i>CLASS</i> | <i>AGE</i> | <i>DAY</i> | <i>TIME</i> | <i>TEACHER</i> |
| HIP HOP 2 (9-12 years old) | 9-12 | Tuesday | 7:00-8:00 | Miss. Georgia |
| BALLET GRADE 3 | 9 | Thursday | 5:15-6:30 | Miss. Micaela Miss. Jenna |
| MODERN 2/3 | 9 | Thursday | 6:30-7:30 | Miss. Jenna |
| BALLET GRADE 3 | 9 | Saturday | 12:15-1:30 | Miss. Carol |
| JAZZ 3 | 9-10 | Saturday | 1:30-2:30 | Miss. Julia |
| Yoga 8-12 years old | 8-12 | Sunday | 9:00-9:45 | Miss. Robyn |
| | | | | |
| Level 4 Dancers attend Ballet (2-3x per week) | | | | |
| <i>CLASS</i> | <i>AGE</i> | <i>DAY</i> | <i>TIME</i> | <i>TEACHER</i> |
| JAZZ 4 | 10 | Tuesday | 5:00-6:00 | Miss. Karla |
| BALLET GRADE 4 | 10 | Tuesday | 6:00-7:30 | Miss. Micaela |
| HIP HOP2 (9-12 years old) | 9-12 | Tuesday | 7:00-8:00 | Miss. Georgia |
| MODERN 4 | 10 | Saturday | 2:30-3:30 | Miss. Julia |
| BALLET GRADE 4 | 10 | Saturday | 3:30-5:00 | Miss. Julia |

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| Yoga 8-12 years old | 8-12 | Sunday | 9:00-9:45 | Miss. Robyn |
| Level 5 Dancers attend Ballet (2-3x per week). Dancers Participating in Performance Class Require: 2 Ballet (min), Jazz, Modern, yoga | | | | |
| <i>CLASS</i> | <i>AGE</i> | <i>DAY</i> | <i>TIME</i> | <i>TEACHER</i> |
| BALLET GRADE 5 | 10+ | Tuesday | 4:30-6:00 | Miss. Micaela |
| JAZZ 5 | | Tuesday | 6:00-7:00 | Miss. Karla |
| HIP HOP 2 (9-12 years old) | 9-12 | Tuesday | 7:00-8:00 | Miss. Georgia |
| BALLET GRADE 5 | | Saturday | 11:15-12:45 | Miss. Micaela |
| Pre Pointe | | Saturday | 12:45-1:15 | Miss. Micaela |
| MODERN 5 | | Saturday | 1:15-2:15 | Miss. Micaela |
| Yoga 8-12 years old | 8-12 | Sunday | 9:00-9:45 | Miss. Robyn |
| BALLET GRADE 5 | | Sunday | 9:45-11:15 | Miss. Carol |
| YOUTH PERFORMANCE CLASS | | Sunday | 11:15-12:15 | Miss. Abbie |
| UPPER SCHOOL LEVEL 6, 7, 8 Intermediate Foundation / Intermediate Dancers attend Ballet (2-3x per week). Dancers Participating in Performance Class Require: 2-3 Ballet, 1Jazz, 1Modern, Body Conditioning | | | | |
| <i>CLASS</i> | <i>AGE</i> | <i>DAY</i> | <i>TIME</i> | <i>TEACHER</i> |
| BALLET IF & pointe | | Wednesday | 5:30-7:30 | Miss. Micaela |
| BALLET IF & pointe | | Sunday | 9:45-11:15 | Miss. Abbie |
| PBT BODY CONDITIONING A | | Sunday | 9:00-9:45 | Miss. Micaela |
| PBT BODY CONDITIONING B (passed IF exam) | | Sunday | 9:00-9:45 | Miss. Carol |
| BALLET INTER B (passed IF exam) | | Sunday | 9:45-11:15 | Miss. Micaela |
| ELITE YOUTH PERFORMANCE CLASS A | | Sunday | 11:15-12:15 | Miss. Carol |

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| SENIOR ELITE YOUTH PERFORMANCE CLASS B (Passed IF exam) | | Sunday | 11:15-12:15 | Miss. Micaela |
| BALLET INTERMEDIATE | 11 | Monday | 4:30-6:30 | Miss. Carol |
| MODERN INTERMEDIATE | | Monday | 6:45-7:45 | Miss. Julia |
| JAZZ INTERMEDIATE | | Monday | 7:45-8:45 | Miss. Julia |
| MODERN INTERMEDIATE | | Tuesday | 8:00-9:00 | Miss. Georgia |
| MODERN INTER | | Wednesday | 5:00-6:00 | Miss. Georgia |
| JAZZ INTER | | Wednesday | 6:00-7:00 | Miss. Julia |
| BALLET INTER & pointe | | Wednesday | 7:30-9:30 | Miss. Micaela |
| Advanced Conditioning and pointe (only if done IF exam) | | Thursday | 6:30-7:30 | Miss. Micaela Miss. Jade |
| BALLET Inter & Pointe | | Thursday | 7:30-9:30 | Miss. Jenna |
| HIP HOP 3 (13-15 years old) | 13-15 | Tuesday | 6:00-7:00 | Miss Georgia |
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LEVEL 9

Advanced Foundation

Dancers attend Ballet (3x per week).

Dancers participating in CDTS must audition or be invited by the Artistic Director

CDTS Requires: 3 Ballet, 1Jazz, 1Modern, Body Conditioning, Classical Variations

| <i>CLASS</i> | <i>AGE</i> | <i>DAY</i> | <i>TIME</i> | <i>TEACHER</i> |
|---|------------|------------|-------------|-----------------------------|
| BALLET Advanced foundation | | Monday | 6:30-8:00 | Miss. Carol |
| ADVANCED HIP HOP 14+ with PREVIOUS DANCE TRAINING | 14+ | Wednesday | 6:00-7:00 | Miss. Georgia |
| JAZZ Advanced 1 | | Wednesday | 7:00-8:15 | Miss. Julia |
| MODERN Advanced 1 | | Wednesday | 8:15-9:00 | Miss. Georgia |
| Advanced Conditioning and pointe | | Thursday | 6:30-7:30 | Miss. Micaela Miss. Jade |
| BALLET Advanced Foundation | | Thursday | 7:30-9:30 | Miss. Micaela |
| BALLET Advanced Foundation | | Saturday | 1:30-3:30 | Miss. Carol |
| Advanced Yoga / PBT | 13 | Sunday | 12:30-1:15 | Miss. Robyn Miss. Carol |

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| conditioning | | | | Miss. Micaela |
| Intermediate exam prep | | Sunday | 1:15-2:45 | Miss. Micaela Miss. Carol |
| BALLET Advanced Foundation | | Sunday | 1:15-2:45 | Miss. Jade |
| CLASSICAL VARIATIONS | | Sunday | 2:45-3:45 | Miss. Micaela Miss. Carol Miss. Jade |
| *CDTS rehearsal time | | Saturday Sunday | 3:30-5:00 3:45-5:00 | Miss. Micaela |



LEVEL 10/11
Advanced 1 / Advanced 2
Dancers attend Ballet 3x per week.

Dancers Participating in CDTS must Audition or be invited by the Artistic Director
CDTS Require: 3 Ballet, 1Jazz, 1Modern, Body Conditioning, Classical Variations

| <i>CLASS</i> | <i>AGE</i> | <i>DAY</i> | <i>TIME</i> | <i>TEACHER</i> |
|---|------------|--------------------|------------------------|---|
| BALLET Advanced 1 | 14+ | Monday | 8:00-9:30 | Miss. Carol |
| BALLET Advanced 2 | 14+ | Tuesday | 7:30-9:30 | Miss. Micaela |
| ADVANCED HIP HOP 14+ with PREVIOUS DANCE TRAINING | 14+ | Wednesday | 6:00-7:00 | Miss. Georgia |
| MODERN Advanced 2 | | Wednesday | 7:00-8:15 | Miss. Georgia |
| JAZZ Advanced 2 | | Wednesday | 8:15-9:30 | Miss. Julia |
| Advanced Conditioning and pointe | | Thursday | 6:30-7:30 | Miss. Micaela Miss. Jade |
| BALLET Advanced 1 | | Thursday | 7:30-9:30 | Miss. Jade |
| BALLET Advanced 2 | | Saturday | 2:15-3:30 | Miss. Micaela |
| Intermediate Advanced Yoga / PBT conditioning | 13 | Sunday | 12:30-1:15 | Miss. Robyn Miss. Carol Miss. Micaela |
| BALLET Advanced 1 | | Sunday | 1:15-2:45 | Miss. Carol Miss. Micaela |
| CLASSICAL VARIATIONS | | Sunday | 2:45-3:45 | Miss. Micaela Miss. Carol Miss. Jade |
| *CDTS rehearsal time | | Saturday Sunday | 3:30-5:00 3:45-5:00 | Miss. Micaela |

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| HIP HOP | | | | |
| HIP HOP 1 6-8 years old | 6-8 | Tuesday | 5:00-6:00 | Miss. Georgia |
| HIP HOP 2 9-12 years old | 9-12 | Tuesday | 7:00-8:00 | Miss. Georgia |
| HIP HOP 3 13-15 years old | 13-15 | Tuesday | 6:00-7:00 | Miss Georgia |
| ADVANCED HIP HOP 14+ with PREVIOUS DANCE TRAINING | 14+ | Wednesday | 6:00-7:00 | Miss. Georgia |
| | | | | |
| YOGA | | | | |
| Grades 4+ | 8-12 | Sunday | 9:00-9:45 | Miss. Robyn |
| Intermediate Advanced Yoga / PBT conditioning | 13 | Sunday | 12:30-1:15 | Miss. Robyn Miss. Carol Miss. Micaela |