

Contact us:
 Studio Location: 114 Woodlawn Plaza Dartmouth, N.S.
 Phone: 902-452-7114
 Email :
 DIRECTOR : Micaela Archer-Shee : director@coastaldance.ca
 ADMINISTRATION: Elizabeth Keating : admin@coastaldance.ca
 Website : www.coastaldance.ca
 Instagram : @coastal.dance



FACULTY 2024/2025

MAS: Micaela Archer-Shee ARAD RAD RTS(Owner / Director)
 JB: Julia Barkhouse
 JC: Julia Colpitts BEd,BSc
 LC: Leah Cousins
 OG: Olivia Grimard
 CJ: Carol Jedidi RBS RAD RTS
 JR: Jenna Robinson BSc
 BM: Brooklyn Mace
 LM: Liv MacLean
 AM: Axel Mouat
 NO: Norah O'Keefe
 GS: Georgia Skinner
 RZ: Robyn Zwicker BEd, BPE,MEd,CYT
 AP: Saturday Front Desk Receptionist (9am-12pm) : Arienne Palmer

**FULL SCHEDULE
2024 / 2025**

**Updated:December 10 2024
Subject to change**

SATURDAY			SUNDAY		
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 1	STUDIO 2	STUDIO 3
9:00-9:45 CREATIVE MOVEMENT OG	9:00-9:30 Parent & tot NO	9:15-10:15	9:30-10:30 YOGA	9:15-10:00 POINTE CONDITIONING Performance 2 MAS	
9:45-10:30 PRE BALLET NO	9:30-10:30 PRIMARY MAS	PRE PRIMARY JC	PERFORMANCE 1 RZ	10:00-11:30	
10:30-11:30 BEGINNER JAZZ 1 BM	10:30-11:30 BALLET GRADE 1 MAS	BALLET GRADE 2 JC	10:30-11:30 PERFORMANCE 1 JR	INTERMEDIATE FOUNDATION BALLET MAS	
11:30-12:30 JAZZ 1 BM	11:30-12:30 INTERMEDIATE FOUNDATION POINTE MAS	11:30-12:30 JAZZ 2/3 JC	11:30-12:30 PERFORMANCE 2 JR	11:45-12:30 POINTE CONDITIONING INTERMEDIATE-ADVANCED 2 MAS / CJ	
12:45-1:45 ADV FOUNDATION / ADV 1 POINTE JC	12:30-2:00 INTERMEDIATE FOUNDATION BALLET MAS	12:30-2:00 BALLET GRADE 3 CJ	12:30-2:00 INTERMEDIATE BALLET JR	12:30-2:00 ADVANCED 2 BALLET MAS	12:30-2:00 ADVANCED 1 BALLET CJ
2:00-3:30 BALLET ADVANCED 1 JR	2:00-3:30 ADVANCED 2 BALLET MAS	2:00-3:30 BALLET ADVANCED FOUNDATION CJ	2:00-3:00 INTERMEDIATE-ADVANCED 2 CLASSICAL VARIATIONS MAS / CJ / JR		
CDT Rehearsal 3:30-5:30			CDT Rehearsal 3:00-5:00		
Private/ Semi Private 1hr Sessions available by appointment Contact Micaela : Director@coastaldance.ca			Mondays 7:30,8:30 (Jenna) Tuesday 6pm (Micaela) Wednesday 7:30, 8:30pm (Jenna) Fridays 5pm, 6pm, 7pm (Micaela / Carol)		
ALL SUNDAY CLASSES are reserved for Performance Classes & CDTs Company dancers. Entrance ONLY BY INVITATION of the Director.					

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY								
	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 1	STUDIO 2	STUDIO 3						
4:30			4:30-6:00						4:30-6:00												
4:45																					
5:00	5:00-6:00 MODERN 4 LM	5:00-6:00 BALLET GRADE 1 MAS	BALLET GRADE 5 CJ	5:00-6:00 INTERMEDIATE FOUNDATION MODERN LC	5:00-6:00 INTERMEDIATE MODERN GS	5:15-6:00 PRE PRIMARY NO	5:00-5:45 CREATIVE MOVEMENT / PRE BALLET JR	5:00-6:00 JAZZ 5 BM	BALLET GRADE 4 MAS	5:15-6:15 PRIMARY OG	5:00-6:30 BALLET GRADE 3 MAS	5:00-6:00 BALLET GRADE 1 CJ	Private/ Semi Private 1hr Sessions available by appointment Contact Micaela : Director@coastaldance.ca Mondays 7:30,8:30 (Jenna) Tuesday 6pm (Micaela) Wednesday 7:30, 8:30pm (Jenna) Fridays 5pm, 6pm, 7pm (Micaela / Carol)								
5:15																					
5:30																					
5:45																					
6:00					6:00-7:00	6:00-7:00		6:00-7:00	6:00-7:15												
6:15	6:15-7:15 SENIOR HIP HOP LM	6:15-7:15	6:00-7:30		ADVANCED HIP HOP GS	INTERMEDIATE FOUNDATION JAZZ JC	6:00-7:30 BALLET GRADE 5 JR	6:00-7:00 JAZZ 4 BM	BALLET GRADE 2 MAS	6:15-7:15 Beginner Hip Hop AM		6:00-7:30									
6:30		MODERN 5 JB	BALLET GRADE 4 CJ							6:30-7:30 MODERN 3 MAS	6:00-7:30 INTERMEDIATE FOUNDATION BALLET CJ										
6:45																					
7:00								7:00-8:00													
7:15									7:15-8:00 INTERMEDIATE POINTE MAS	7:30-8:30											
7:30					ADVANCED FOUNDATION JAZZ LC	ADVANCED 2 MODERN GS	ADVANCED 1 JAZZ JC														
7:45		7:15-9:15																			
8:00		ADVANCED 2 BALLET JB	INTERMEDIATE BALLET CJ					8:00-9:00 TEEN JAZZ BM	8:00-9:30 BALLET INTERMEDIATE MAS	7:30-9:30 BALLET ADVANCED FOUNDATION MAS	7:30-9:30 BALLET ADVANCED 1 CJ										
8:15																					
8:30																					
8:45																					
9:00																					
9:15																					
9:30																					
	STUDIO 1	STUDIO 2	STUDIO3	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 1	STUDIO 2	STUDIO 3						
	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY			SUNDAY		