

Contact us:
Studio Location: 114 Woodlawn Plaza Dartmouth, N.S.
Phone: 902-452-7114
Email :
DIRECTOR : Micaela Archer-Shee : director@coastaldance.ca
ADMINISTRATION: Elizabeth Keating : admin@coastaldance.ca

Website : www.coastaldance.ca
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FACULTY 2025/2026

MAS: Micaela Archer-Shee ARAD RAD RTS(Owner / Director)

JB: Julia Barkhouse

JC: Julia Colpitts BEd,BSc

LC: Leah Cousins

CJ: Carol Jedidi RBS RAD RTS

JR: Jenna Robinson BSc

BM: Brooklyn Mace

LM: Liv MacLean

OM: Olivia MacLean

AM: Axel Mouat

NO: Norah O'Keefe

RZ: Robyn Zwicker BEd, BPE,MEd,CYT

Front Desk Receptionist (Saturdays (Sept- May 31 9am-12pm) : Norah O'Keefe

FULL SCHEDULE 2025/2026

Updated May 29th 2025

															SATURDAY			SUNDAY			
STUDIO 1			STUDIO 2			STUDIO 3			STUDIO 1			STUDIO 2			STUDIO 3						
9:00-9:30 PARENT AND TOT BM			9:15-10:15			9:15-10:15			9:30-10:30 YOGA PERFORMANCE 1 RZ									9:00			
9:30-10:15 CREATIVE MOVEMENT BM			PRIMARY MAS			PRE PRIMARY JC												9:15			
10:15-11:00 BEGINNER JAZZ BM			10:15-11:30 BALLET GRADE 2 MAS			10:15-11:30 BALLET GRADE 1 JC			10:30-11:30 PERFORMANCE 1 JR			10:30-12:00 ADVANCED 1 BALLET			10:30-12:00 ADVANCED Foundation BALLET			9:30			
11:00-11:45 PRE BALLET BM												MAS/CJ			CJ/MAS			9:45			
11:45-12:45 JAZZ 1 BM			11:30-12:30 Modern 4 / 5 MAS			11:30-12:30 JAZZ 2 JC			11:30-1:00 INTERMEDIATE BALLET			12:00-12:45 ADVANCED 1 POINTE			12:00-12:45 ADVANCED Foundation POINTE			10:00			
12:45-1:45 Ages 12+ PBT Body Conditioning MAS			12:30-2:00 GRADE 5 CJ			12:30-2:00 Grade 4 JC			JR			MAS/CJ			CJ/MAS			10:15			
1:45-2:30 INTERMEDIATE FOUNDATION POINTE MAS			2:00-2:45 INTERMEDIATE / ADVANCED FOUNDATION POINTE CJ			2:00-2:45 ADVANCED 1 POINTE JB			1:00-2:00 Intermediate Classical Variations 1 MAS			1:00-2:00 Advanced foundation / Advanced 1 CLASSICAL VARIATIONS 2 JR / CJ						10:30			
2:30-4:00 INTERMEDIATE FOUNDATION BALLET MAS			2:45-4:00 OPEN INTERMEDIATE BALLET CJ			2:45-4:00 OPEN BALLET ADVANCED FOUNDATION/ ADVANCED 1 JB												10:45			
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															CDT Rehearsal 4:00-6:00			CDT Rehearsal 2:15-4:30			
															Private/ Semi Private 1hr Sessions with Micaela available by appointment Contact Micaela : Director@coastaldance.ca SEPT-APRIL Thursdays 7pm,8pm Fridays 5pm, 6pm, 7pm			ALL SUNDAY CLASSES are reserved for Performance Classes & CDTs Company dancers. Entrance ONLY BY INVITATION of the Director.			
STUDIO 1			STUDIO 2			STUDIO 3			STUDIO 1			STUDIO 2			STUDIO 3						
MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY			SUNDAY			